



## Welcome New Patient!

Naturopathic medicine has so much to offer and I am excited to have the opportunity to share all of its amazing modalities and work with you! I love blending both worlds of Western and Eastern medicine to deliver patient-centered, integrative healthcare. What I enjoy most (alongside the nerding-out with medicine big time!) is connecting with and teaching my patients. My belief is that naturopathic medicine should not replace conventional medicine but instead parallel and work synergistically to help patients achieve their best health by focusing on prevention first.

Everyone deserves vibrant health and I am honored to be able to work with you as a team to help you achieve optimal physical, mental, and emotional health.

Please read TRUEcare Integrative Medicine's office policies and procedures also located on the website. You can also download patient paperwork to complete, print off, and bring in with you to your first office visit. These forms help me get to know you in the most efficient way.

You may also choose to schedule an online appointment and will be prompted to complete your patient questionnaire and intake forms online. This simple and streamlined electronic version of patient paperwork and consent forms are made possible with security-enhanced, HIPPA (patient privacy) compliant services and protection utilized by TRUEcare Integrative Medicine.

Your first visit will take close to one hour to allow us time to dive into your primary concerns and for you to share your story with me. Every patient is unique and encounters their own health challenges. I want you to feel heard and empowered so we can work together toward wellness. Our approach is simple; find the best medicine and plan for your body. YOU medicine. Your goals, your pace, your rhythm. This comprehensive integrative medical approach focuses on finding the root cause of illness. It is not a one-size-fits-all kind of medicine and strives to maintain balanced health unique to every patient.

*Please, if you need to cancel or reschedule an appointment, kindly give at least 48 hours notice.*

I look forward to working with you!

Warmly,

Dr. Evangelynn ND LAc, EAMP